

GOING FOR GOLD!

BALLARAT MEN'S MENTAL HEALTH GOLF DAY FRIDAY 12 NOVEMBER 2021

Swing into Spring at our inaugural Ballarat Men's Mental Health (BMMH) Golf Day on Friday 12 November, to be held at the Ballarat Gold Club. Up to 100 keen golfers will vie for the coveted 'Gold Jacket' as they putt, drive and dribble their way across the course in aid of local mental health support.

With a shotgun start at 12 noon, participants can pre-fuel at a barbecue beginning at 11am. And, as 18 holes is definitely thirsty work, a drinks cart will sell drinks on-course to those in need. Come on your own or gather your buddies to have a fun day out where there is sure to be much laughter, a few tears and, dare we say it, a bit of colorful language as the odd shot goes astray. Just don't be surprised if you get 'fined'!

The Ballarat Golf Club is well-known for its popular RUOK Golf Day and this year has chosen to throw its support behind BMMH to help raise awareness of this vital initiative. The Club's goal is to help recruit 2,000 ongoing, \$2-a-week, donors to help pay for mental health support staff at BMMH. It's this kind of community support that will influence the government to put its weight - and funding - behind the BMMH initiative.

The day's frivolities will continue at an after-function, to be held at The Heritage at 15 Lydiard Street North, commencing around 5.30-6.00pm. Drinks will be at bar prices and delicious finger food will be supplied at around \$30 per head. There will be raffles, door prizes and trophies presented on the night, not to mention awarding of the coveted and prestigious Gold Jacket to the day's 'winners are grinner's' player. Come along and join us and be part of the change - it may help someone you love.

Obviously this event could be affected by any COVID-19 restrictions put in place at the time.

AT A GLANCE

Ballarat Men's Mental Health Golf Day

12 November 2021 - Ballarat Golf Club - 1800 Sturt St, Ballarat

Shotgun start at 12 noon

Player pre-registration and payment essential (Limit 100 players)

Non-Members: \$30 per head. We have also placed an extra \$10 per head Compulsory Donation for all Golfers playing on the day as a donation to the Ballarat Men's Mental Health to give our Fundraising A Boost. **This will be a great social day raising some much needed funds for a great cause so please get behind it.**

How to Register

Contact 0417 205 705 or mcpjm123@outlook.com to register.
Golfers who have a Golf Link Number please provide it when booking to play.
We look forward to seeing you there!

Donations

Donations can be made via the BMMH website at www.ballaratmmh.com.au or on the night at the after function.

Vaccination Update: Ballarat Golf Club has mandated that golfers need to be double-vaccinated to access the golf course and its facilities.
This ruling also applies to our golf day.

